

STAYIN' ALIVE 2024

The KOMO, Redcliffe Queensland

25 - 29 AUGUST 2024

EARLY BIRD (before 30/06) \$550 Join us for the annual gathering of our CPE Supervisor family

FULL PRICE (from 01/07) \$600

Final registration by 2nd August 2024

https://qicpe.com/event-registration/





Introducing our Speakers







Liz Crumlish

Liz Crumlish is a priest in the Scottish Episcopal Church with a portfolio that includes Ministerial Education and formation, teaching Cross Professional Supervision and providing supervision and reflective practice. She has published several books of reflections on Biblical texts with a feminist slant and, with Michael Paterson contributed to books on Creative Supervision and on Group Supervision. Details can be found: Liz Crumlish-Associate, Scotland-The Institute of Pastoral Supervision & Reflective Practice (ipsrp.org.uk) She lives in the south west coast of Scotland

Meryem & Greg Brown

Meryem and Greg are committed to integrating faith principles and social science research. They are particularly interested in personhood: the integration of the public, private and secret self; the role and soul; the persona and the shadow.

Meryem is a registered

psychologist and operated a private practice for 28 years. She now specialises in the supervision of pastors and leaders.

Greg is a PACFA registered counsellor, with experience in accounting, administration, management and pastoral work. He operates a counselling/ pastoral supervision practice. Together, Greg and Meryem have specialised in clergy care and member care for over 30 years. The Browns are both accredited as Senior Supervisors with APSE.

Jim Schirmer

Jim Schirmer is a counsellor, lecturer, researcher and author. He has close to 20 years' experience in counselling and pastoral care roles, predominantly working with young people and refugee and asylum seeker communities.

Exploring
themes in
educating and
supervising
pastoral carers

STAYIN' ALIVE 2024 Conference Timetable

Sunday 25th August

AM Review committees

Lunch

12.30 ANZACPE board meeting

3pm Registration opens

4.45 Opening Ritual

6pm Welcome Dinner (included)

7.30 Gathering exercise

Meryem & Greg Brown

Monday 26th August

8.45 Gathering and Morning Reflection

9am Meryem & Greg Brown- Session 1A

10.30 Morning Tea

11am Meryem & Greg - Session 1B

12.30 Lunch

1.30 Workshops

3pm Afternoon Tea

3.30 Liz Crumlish – Poetry and Self care Workshop

5.30 Free Time/Happy Hour

6.30pm Dinner (own cost)

Loving others without losing yourself

There are tensions – even paradoxes – in the world of the helping professions. We are simultaneously giving blood transfusions of hope and health, whilst seeking to stay alive ourselves. There is an emptying out in service to others, and the need to function in sustainable ways. How do we manage this tension as supervisors and frontline carers? How can we go beyond the minimum of staying alive; how can we thrive as we integrate working hard and living well?

Session 1: Supervisor focus: Exploration of key dimensions of this paradox; risk and protective factors in the supervisory role; and ways to use energy in restorable ways.

Session 2: Supervisee focus: Recognising signs in our supervisees that indicate who might be struggling to get the balance right as they seek to love others without losing themselves.



Poetry and Soul Work in Supervision

How might wellbeing enable us to move beyond survival to flourishing? Through poetry and creative reflection, Liz invites us on a journey of attending to self-care, celebrating the power of words and their resonance for our work in caring for others and ourselves.

STAYIN' ALIVE 2024 Conference Timetable

Tuesday 27th August

8.45 Gathering and Morning Reflection

9am Greg and Meryem - Session 2A

10.30 Morning Tea

11am Greg and Meryem - Session 2B

12.30 Lunch

2pm Jim Schirmer - Academic Publishing

3.30 Afternoon Tea

4pm Jim Schirmer - Live Consultation

6.30 Dinner (own cost)

Wednesday 28th August

9am (Optional) Whale Watching

2.30 Return Whale Watching

6pm Conference Dinner (included)

Thursday 29th August

8.30am Gathering and Morning Reflection

9am ANZACPE news, Member association

reports

10.30 Morning Tea

11am Closing Ritual - ACPEWA

12pm Lunch

Thursday 1pm - Saturday 1.30pm Education in Supervision



Academic & Professional Publishing: a Step by Step Guide

This session will present a step-by-step guide to the world of academic and professional publishing. The focus will be on publishing in academic journals, and will discuss practical steps at each stage of the process (choosing a journal, preparing and submitting a paper, the peer review and editing process). There will also be a brief discussion about other forms of disseminating your work, such as books, presentations, and online formats.

Exploring Themes in Educating and Supervising Pastoral Carers: a Live Consultation

This session will be a facilitated discussion of the particular demands, opportunities and strategies involved in educating and supervising pastoral carers. Rather than formal presentation, the session will take the form of a live consultation, where the presenter will facilitate the process to name, reflect and comment on key themes in this area of practice. The aim is for participants to leave with both deepened awareness and an expanded imagination for their work as educators and supervisors.

Location & Accommodation



Redcliffe (Kau-in-Kau-in), the traditional home of the Gubbi Gubbi and Ningy Ningy people, is located on the shores of the beautiful Moreton Bay Region, just 28 kms northeast of Brisbane. The area boasts a rich history, natural wonders and plenty of things to do. Bee Gees Way, the local homage to the famous brothers who spent time honing their musical gifts on the Redcliffe foreshore, inspired the theme for this year's conference 'STAYIN' ALIVE - as CPE supervisors'.

The Oaks Mon Komo Hotel offers apartments and hotel rooms. Bookings can be made directly with Bec [Front desk Supervisor]
P: 07 3283 9300

E: frontofficemonkomo@theoaksgroup.com.au

TIP: Join <u>Oaks Discovery Rewards Program</u> and save 10% off your booking.



Last, but not least

You are invited to the

Post Conference Education in Supervision

29-31 August 2024 - COST \$500

All Provisional and Accredited CPSups and CPEds

welcome

Whale Watching

Whale Watching

Matching

Nttps://brisbanewhalewatching.com.au

Shour tour

Shour tour

Approx \$135